



# KRISTIN SKELLEY

Fitness Coach and Personal Trainer

I am passionate about sharing my love for movement and exercise, driven to inspire and empower clients to push their boundaries and discover new capabilities. My goal is to create a supportive and challenging environment that helps individuals achieve their personal best in both mind and body.

## WORK EXPERIENCE

### Community Hub Coach

On AG  
2024 - Present

### Pilates, Barre, HIIT Coach

House of Healing Berlin Charlottenburg  
2023 - Present

### Pilates, Barre, Strength Coach

Hale.Now Studios  
2022 - Present

### Barre Coach

Becycle and Beyond Studios  
2022 - Present

### Fitness Class Coach

Sender  
2022 - 2023

### Marketing Specialist

Definitive Audio  
2019 - Present

### Dance Instructor, Choreographer

The Dance Academy of Loudoun  
2017 - Present

+49 1741942304  
kristin.skelley24@gmail.com  
www.kristinskelley.com

## SKILLS

- CPR and First Aid Certified
- Time Management
- Adaptability
- Body Mechanics and Kinesiology
- Group Fitness Instruction

## EDUCATION

### Bachelor of Fine Arts in Dance

Cornish College of the Arts, Seattle WA  
2019 - 2021

### 120hour BEbarre Teacher Training

Re:form, Berlin Germany  
2022

### Certified Personal Trainer

NASM, Online  
2024